

SEPTEMBER 2017
TO MAY 2018

~ Men4Directions ~



A year to grow in faith, self-awareness,
and spiritual wholeness.

"How we get there is where we arrive."
- Philip Booth, poet



419 Deerfield Road
Camp Hill, PA 17011
www.oasismin.org
717.737.8222
oasismin@oasismin.org

"creating community as we educate and
resource people in contemplation and
spiritual direction"

Non-Profit Org.
U.S. Postage
PAID
Permit No. 667
Harrisburg, PA

~ Men4Directions ~

Men4Directions is a renewable year-long program* of Oasis Ministries intended to help men grow in faith, self-awareness, and spiritual wholeness. The program includes small group community, quarterly retreats, and solo-time in the wilderness to engage with Spirit and Soul.

* In an effort to deepen community and foster long-term growth, participants are welcome and encouraged to continue on the M4D journey in subsequent years. While cyclical, the M4D model may also be thought of as an on-going spiral allowing us to descend to new heights together. Participants are given the option of reregistering at the start of each year.



Why Men?

We can all use help finding our way from time to time—men are no different. Men need the support of one another to be honest and real about life. Through small group discussions, monthly consultation with a "spiritual brother", and contemplative practice, men are encouraged to know themselves, listen to the still small voice within, and to honor their souls. The result could change lives and lead to a whole new world.

Why 4 Directions?

The directions refer to east, south, west, and north— compass points along our journeys. It's not a linear approach, but a circular path that honors the rhythms of life. The cycle of the day, too, is acknowledged: morning, noon, evening, and night; four seasons of each day, a life-time in the making.

A Year To Grow 4 Seasonal Gatherings

- Gathering 1 Looking SOUTH at vitality, the heat of the day, Imagination
- Gathering 2 Looking WEST at our shadows, the dark side of our lives, mystery, soul
- Gathering 3 Looking NORTH at wisdom, the stillness of winter, competence, and strength.
- Gathering 4 Looking EAST toward new beginnings, the advent of life, the rising of the sun, birth and rebirth—a contemporary version of a vision quest will accompany this final gathering—a 24-hour fast and solo experience in the wilderness.

I joined the group with some trepidation, afraid that participants would have narrow ("doctrinal") understanding of God. To the contrary, what I encountered were exceedingly thoughtful men comfortable with nuance, paradox, and mystery. Good men through and through.
- Chris Uhl

4 Commitments Make it Happen

- **Covenant** - a promise among brothers to study, pray, share, and grow together for one year.
- **Community** — quarterly retreats in the woods to listen, discuss, and discern with others. The time between retreats will be bolstered by one-to-one elder mentoring and peer support.
- **Contemplation** — a regular practice of silence and solitude
- **Compassion** — a regular practice of service to others

Leadership:



Roy Shirley- is a licensed professional counselor and a spiritual director. He completed his spiritual direction training in 2016 through Oasis Ministries. Roy is currently enrolled in The Living School for Action and Contemplation in Albuquerque, NM, where he is seeking to learn and help others deepen their engagement with God, their truest selves, and the world. He leads retreats and workshops related to understanding and embracing your unique story and for men's topics related to male spirituality and their life journey. Roy was a participant in Men4Directions for two years.

WWW.OASISMIN.ORG

Retreat Dates:

September 15-16, 2017
(4:00pm Friday—4:00pm Saturday)

November 17-18, 2017
(6:00pm Friday - 3:30pm Saturday)

February 16-17, 2018
(6:00pm Friday - 3:00pm Saturday)

May 4-7, 2018
(6:00pm Friday - 3:30pm Monday)



Location: Kenbrook Retreat Center

190 Pine Meadow Road
Lebanon, Pa 17046
Phone: (717)865- 4547
www.kenbrook.org

So long I have yearned for an experience that would prompt growth in my spiritual life... Men4Directions exceeded all my expectations! I would recommend it to any man wanting to explore what becoming mature and whole can mean.
- Dale Dowdy

Express your interest in participating in



by emailing oasis@oasismin.org
or calling 717-737-8222

The Men4Directions weekends were the highlight of my year. Each of them provided an anchor in the chaos and a beacon of hope for the future. It has been one of the richest investments I've made.
- Al Andrews

Fee: \$900

Plus a Registration Fee of \$100 (non-refundable after August 1*) sent with attached registration form.

If registration received by May 31:

discount \$50 from registration fee
If registration received after August 1:
add \$50 to registration fee

The balance of tuition may be paid in full at any time. Payments by MasterCard, Visa and Discover are welcome. If paying via installments we anticipate \$100 upon acceptance into program, then \$200 by each gathering date in August, October, February and May. *Some scholarship assistance available. Call to inquire.*

Program Fee remains the same regardless of the number of sessions attended. Oasis rarely cancels due to weather. If a regular program is canceled due to weather an effort will be made to get missed content to participants. No refunds for snow days or for session a participant needs to miss.

**If withdrawing prior to August 1, a full refund will be returned, less \$50 to cover administrative time and processing.*



REGISTRATION FORM

NAME _____ PHONE(S) HOME _____ WORK _____ CELL _____ EMAIL _____

ADDRESS CITY/TOWN STATE ZIP _____

*APPLICATION FEE ENCLOSED \$ _____ (check payable to "Oasis Ministries" OR VISA /MC/DISCOVER also welcomed)
VISA/MC/DISCOVER # _____ EXP. DATE ____/____/____ 3-digit CODE (on back of card) _____

***To apply, Complete this application & attach a short statement** (approximately one page, single-spaced) **answering:**

1. What prompts your interest in this program?
2. What specifically do you hope to gain from the program?
3. What readings and personal experiences have influenced your understanding of spiritual guidance?
4. Include the names, addresses, and phone numbers of one, or more, persons whom you've asked to be supportive of you throughout this process. Please ask each supporter, as a "reference," to write and send to the Oasis office a brief statement sharing how he/she thinks this program is right for you. (You may give them a copy of this brochure.)

Email all materials to oasis@oasismin.org